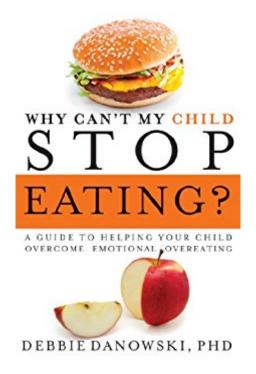
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Why Can't My Child Stop Eating?: A Guide To Helping Your Child Overcome Emotional Overeating





Synopsis

Help for parents that tackles the real causes of childhood obesity and offers practical solutions. Why Can't My Child Stop Eating examines the emotional roots of overeating and addresses the social, emotional, and physical problems of these children and their families. With the ever-growing childhood obesity problem, the audience for this book continues to develop. Why Canâ ™t My Child Stop Eating? provides parents with specific activities to assist in addressing and healing the emotional aspects of obesity. Currently there is no book on the market that provides assistance in coping with the emotional issues of obesity that offers an emotional recovery plan for children. Debbie Danowski, PhD, is co-author of the previously published Why Can't I Stop Eating? (Hazelden Publishing, 2000), in which she outlined her personal physical, emotional, and spiritual food addiction recovery program that resulted in her losing more than 150 pounds over seventeen years ago. She is a regular guest on both national and international radio programs. Why Can't I Stop Eating? was Hazelden's best-selling trade book in the summer of 2000. The book is currently in its third printing.

Book Information

File Size: 597 KB

Print Length: 169 pages

Page Numbers Source ISBN: 1937612279

Publisher: Central Recovery Press (May 31, 2013)

Publication Date: May 31, 2013

Sold by: A Digital Services LLC

Language: English

ASIN: B00CR6MS14

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,420,418 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #45 in Books > Health, Fitness & Dieting > Children's Health > Eating Disorders #72 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Teen Health #251 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Mental Health > Eating Disorders

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